

In these times of chaos, crisis and hope, shamanism is a reservoir of wisdom that is as relevant to our survival today as it was to our forebears hundreds of generations ago.



## THE FOUNDATION FOR SHAMANIC STUDIES

Dedicated to the preservation, study, and teaching of shamanic knowledge for the welfare of the Planet and its inhabitants.

[www.shamanism.org](http://www.shamanism.org)

### SHAMANISM

*Shamans are often called “seers” or “people who know” in their tribal languages, because they are involved in a system of knowledge based on firsthand experience. Shamanism is not a belief system. It’s based on personal experiments conducted to heal and to get information. In fact, if shamans don’t get results, they will no longer be used by people in their tribe. People ask me, “How do you know if somebody’s a shaman?” I say, “It’s simple. Do they journey to other worlds? And do they perform miracles?”*

—Michael Harner

Over tens of thousands of years, our ancient ancestors developed a remarkable system of methods for healing, personal empowerment, and problem-solving—known today as “shamanism.”

Neither dogma nor religion, it is humankind’s oldest technology for exploring the relationship between us and all of creation.

Shamans were, in fact, the world’s first scientists. Their laboratory was nonordinary reality; their methodology involved accessing this reality through the shamanic journey; their mission was to ensure the survival of the tribe. In these times of chaos, crisis, and hope, shamanism is a reservoir of wisdom that is as relevant to our survival now as it was to our forebears hundreds of generations ago.

### OUR WORK

THE FOUNDATION IS:

- Helping to preserve traditional shamanism where it is being threatened and, *when invited*, assisting in its revival in indigenous societies.
- Providing annual lifetime stipends, through the Living Treasures of Shamanism program, to distinguished indigenous shamans whose age-old knowledge is in danger of extinction.
- Teaching hundreds of workshops and training programs in core shamanism annually to thousands of individuals around the world. The Harner-trained FSS international faculty introduce participants to the direct and democratic spirituality of shamanism—making this powerful method of healing and problem-solving once again available in our communities.
- Researching and documenting the effectiveness of shamanic healing methods to cure illness and solve problems of daily life, and investigating how shamanic practices complement mainstream medicine.
- Preserving shamanic knowledge for future generations in the Shamanic Knowledge Conservatory, a vast collection, unique in the world, which contains irreplaceable documents, books, audio-visual media, and artifacts. The Legacy Project seeks a long-term endowment to organize and maintain the materials to make them available selectively to FSS faculty, researchers, and the public.

The classic shamanic way is to accept one's own responsibility and potentiality to achieve first-hand knowledge by personally entering the spiritual realms. This is the spiritual democracy of our ancient ancestors.

—Michael Harner

## SHAMANIC TRAINING

### BEGIN YOUR SHAMANIC TRAINING

*I could never have dreamed that the teachings of shamanism and in particular the process of shamanic journeying would have begun to alter me at my very core in all of these "ripple" effect ways. I am now 55 and have traveled many pathways. But this is the work that far transcends any of those attempted pathways. —FSS student*

Take one of our convenient weekend workshops or residential advanced training programs with our experienced Harner-trained international faculty. Training in core shamanism includes learning to alter your consciousness through classic shamanic non-drug techniques, such as repetitive drumming, so that you can discover your hidden spiritual resources, transform your life, and learn how to help others.

Step into a world of beauty, unity, and joy. Experience for yourself the power of the compassionate spirits and learn shamanic methods for healing and divination—be part of the reawakening of this amazing work.



*Modern Sami-made drum, indicating a revitalization of shamanism among the Sami. Photo ©2011 France Viana.*

## PARTNER WITH US

### MAKE A DONATION, MAKE A DIFFERENCE

*Your donation makes you an integral part of our work.*

Support life-enhancing shamanic projects such as: sustaining indigenous shamans in the Living Treasures program; World Shamanic Education project, to make shamanic healing once again readily available to those who are suffering; and, preserving irreplaceable shamanic wisdom in the Shamanic Knowledge Conservatory.

**Donations can be made securely online at [www.shamanism.org/join/donation.php](http://www.shamanism.org/join/donation.php).**

To discuss options, contact Susan Mokolke, President, at [smokolke@shamanism.org](mailto:smokolke@shamanism.org).

*The FSS Board of Trustees thanks you for your generosity.*

### JOIN THE CIRCLE OF THE FOUNDATION

Become part of a growing circle of people who are working to return spiritual democracy to the individual, as well as helping to preserve and foster this transformative and effective method of healing and problem-solving. Receive valuable benefits to support your interest in and practice of shamanism. ([www.shamanism.org/join/index.html](http://www.shamanism.org/join/index.html))

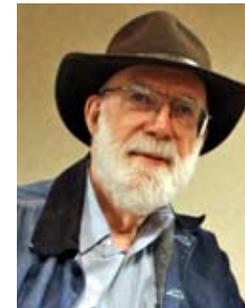
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## MICHAEL HARNER

Internationally renowned anthropologist Michael Harner pioneered the return of shamanism to the West and is the originator of core shamanism, a methodology founded on practices and principles shared by shamans worldwide. In 1979 he and his wife Sandra Harner established the Center for Shamanic Studies (which later became the nonprofit Foundation for Shamanic Studies) in order to return the lost knowledge of shamanism to contemporary life and to preserve the knowledge still practiced by remaining indigenous shamans.



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Michael received his doctorate in anthropology in 1963 from the University of California, Berkeley. He taught there, at Columbia and Yale, and at the Graduate Faculty of the New School for Social Research, where he chaired the anthropology department. His many honors include the 2009 "Pioneers in Integrative Medicine Award," from California Pacific Medical Center's Institute for Health & Healing; and special academic recognition at the 2009 meeting of the American Anthropological Association, at which he was honored for his role in the exponential growth in the anthropological study of shamanism. His classic book *The Way of the Shaman* has long been considered the premiere text on modern shamanism. His latest book *Cave & Cosmos* (April 2013) has been recognized as a classic for all time.